

# Palmerston Mole Scan Clinic

*Mole Scans Saves Lives*

474 College Street, Unit B-3  
Toronto, ON M6G 1A4

palmerstonmolescanclinic@gmail.com

## How to prepare for your visit:

- Arrive 15 minutes early for your scheduled appointment time.
- Expect your visit time to be between 15-45 minutes.
- Wear comfortable clothing and shoes that are easy to take off.
- Wear dark-coloured undergarments.
- Boxer shorts are not recommended.
- Avoid wearing jewelry if possible (remove watches, bracelets, necklaces, chains, piercings, etc.).
- Do not wear makeup, lipstick, eyeliner or nail polish.
- Do not use self-tanning products the week prior to your appointment.
- If you have long hair, wear your hair up during the photography.
- Do not wear black or dark coloured socks.
- **For men with a significant amount of body hair in areas such as the chest, abdomen, back, arms or legs, we recommend this area to be trimmed or shaved so that the moles can be visualized. If it is difficult for you to see them, it will be difficult for the camera to see them as well. Missing this step may alter patient results.**
- Our clinic is scent-free environment. Please do not wear any colognes, perfumes, scented body lotions or oils
- Make sure to bath or shower morning of your appointment.
- You may bring your own personal slippers and robe to use during your appointment.

